

Sample B

Pre-procedure Patient Instructions for In-office NovaSure® Procedure

We have scheduled you for an office procedure called a Hysteroscopy and NovaSure endometrial ablation to significantly reduce or eliminate heavy vaginal bleeding and associated symptoms. It is safe and effective, yielding high success rates.

Although the NovaSure procedure itself takes less than two minutes, please allow two hours total time in the office for preparation, for the procedure and after treatment observation. Please do not bring any children to the office.

It is required that you have an adult who will accompany you to the office and drive you back home after the procedure. You may feel drowsy from the medication administered and experience some cramping from the procedure. You may drive and return to your normal routine the day following your procedure. If you take medications, be sure to take them as usual. Otherwise, you may not have anything to eat after midnight and only clear liquids until six hours prior to the procedure.

You will need to keep your appointment in the office one day prior to your procedure for a Laminaria insertion to dilate your cervix.

This appointment is scheduled for _____ at _____

The following medications have been prescribed for you. Please bring them to the office on the day of your procedure:

Medication	Dosage

Additional Instructions

Your procedure is scheduled for: _____

Arrival time: _____