

Sample A

Pre-procedure Patient Instructions for In-office NovaSure® Procedure

- Eat a light meal prior to coming to the office for your NovaSure® Procedure.
- Wear a light blouse; you may get warm during the procedure.
- Have someone with you to drive you home. You may feel drowsy from the medications and unable to drive.
- Plan on being at the office for about two hours. You will arrive 45 minutes before the actual procedure so that the medications will have time to take effect. The NovaSure procedure treatment cycle takes approximately 90 seconds.
- You will experience some cramping during the procedure.
- You will be given _____ prescriptions to be filled and brought with you to the appointment:

Medications

- You may want to purchase an abdominal heat wrap. If so, bring it with you so that we may apply it before you leave the office.
- It is okay if you are having your period on the day of the procedure.
- If you have any questions prior to your procedure, please call our office.

Additional Instructions

Office Phone Number _____