

Sample C

Endometrial Ablation

Procedure Note

Patient: _____ Date: _____

Betadine® prep of the vagina. 5 cc of 2% viscous Xylocaine® jelly inserted into uterine cavity. Paracervical block of 25 cc 1% Carbocaine® was injected. Using <200 cc of sterile 0.9% saline as distension medium, a 5 mm hysteroscope was inserted into the uterine cavity, which was confirmed intact. The uterus was drained of fluid.

Biopsy of intra-uterine lesion(s) _____

NovaSure® Procedure

Laminaria removed and confirmed cervical dilation of 8 mm

Cervix progressively dilated to 8 mm with rigid dilators

The uterus sounded to _____ cm depth - Cervical length _____ cm = Cavity length _____ cm.

A probe was inserted into the uterine cavity no further in depth than sounded. The bipolar array was deployed and adjusted so that it filled the uterine cavity, and the width measured _____ cm. The collar was seated against the cervical os and a cavity integrity test confirmed it was intact. A therapeutic RF energy cycle of approximately 90 seconds was successfully completed. Energy was discontinued before removing the device.

NovaSure probe lot #: _____ Exp. Date: _____

Vaginal Bleeding: minimal or _____

Discharge VS: HR _____ BP _____

The patient tolerated the procedure well without adverse events. She was observed for a minimum of 5 minutes after the procedure before being discharged home with a responsible adult driver. She has received printed instructions for her ongoing care. Follow-up appointment is scheduled in 3-4 weeks.

Notes: _____

Dr. _____