

# Patient Considerations for Anesthesia for Office-based NovaSure<sup>®</sup> Procedures

Not all patients are suitable for office-based procedures involving anesthesia. A thorough assessment of the patient prior to the procedure should be performed.

Below is a list of contraindications and considerations to help with your patient assessment. This list is a guide only and may not be exhaustive.

## Contraindications for in-office anesthesia include:

- Patients experiencing acute respiratory symptoms
  - Impress upon your patients in advance to call if they are not feeling well near the time of the procedure. If a woman has the flu or an upper respiratory infection, reschedule her appointment.
- History of adverse reaction to local anesthesia or family history of adverse reaction to local anesthesia
- History of previous failure with local anesthesia, or a low pain threshold
- Failure to comply with preoperative dietary restrictions
- History of substance abuse
- Patients with a high-risk airway assessment
  - An office-based procedure should not be performed on a patient with whom it would be difficult to establish an airway during an emergency. Characteristics associated with a high-risk airway include:
    - Recessed or protruding jaw
    - Small mouth
    - Large tongue
    - Short neck
    - Protruding teeth
    - High arched palate

## Medical Considerations for Office-based Procedures

Patients with certain conditions may be at a greater risk for complications during an in-office procedure and may be indicated to undergo endometrial ablation in a hospital or surgery center setting. Utilize clinical judgment to determine patient suitability, such as the presence of the following co-morbid conditions:

- Uncontrolled anxiety
- Asthma
- Diabetes
- Obesity
- Heart disease
- Pain tolerance

**Important Safety Information:** NovaSure endometrial ablation is for premenopausal women with heavy periods due to benign causes who are finished childbearing. Pregnancy following the NovaSure procedure can be dangerous. The NovaSure procedure is not for those who have or suspect uterine cancer; have an active genital, urinary or pelvic infection; or an IUD. NovaSure endometrial ablation is not a sterilization procedure. Rare but serious risks include, but are not limited to, thermal injury, perforation and infection. Temporary side effects may include cramping, nausea, vomiting, discharge and spotting. If you, or someone you know, have possibly experienced a side effect when using our product, please contact your physician.

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